## **60 SECOND INTERVIEW** WITH STEVE BLOY **OF WILLESDEN GREEN**

For Mutual Aid Food Willesden (MAFW) A food hub offering emergency essential boxes locally during Covid-19



PHOTO: Steve Blov and his bike

Q Can you tell us about yourself?

I live in Willesden Green near Gladstone Park. I was actually retired before the whole COVID thing happened so I was easily in a position to offer help as a volunteer. In addition I also offer bicycle maintenance and repairs (free labour to those in need or for a donation to MAFW) for people in the area as it's a hobby of mine and seems to have become very popular in these times.

Q How did you hear about Mutual Aid Food Willesden?

I heard about the Mutual Aid groups from the local social website Next Door.

Have you noticed any changes as a result of Covid-19 lockdown? Q

No doubt there will be some lasting changes to the way we live and work from this whole experience. Some for the good such as more options to work from home. But also I think that many people have realised what can actually be achieved if we put our minds to it and pull together.

The meal kitchens, supply deliveries and many other organised help being offered has been incredible.

Can you tell us how you're involved helping provide essential aid? Q

I have been helping by using our car to make deliveries of food and supplies from Mutual Aid Food Willesden and delivering hot meals from the food kitchen.

I've also delivered some prescriptions to locals from pharmacies through the ward's Mutual Aid group.

Q Are there any stories that you could share?

I have felt very welcome from the people who have been receiving the aid.

How would you sum up what Mutual Aid Food Willesden does?

Mutual Aid Food Willesden gives those less fortunate the help they need with food and domestic supplies run by very generous volunteers.

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